



Author Guidelines for Submission

The RBAFS is a peer-reviewed journal. After submission, manuscripts are initially evaluated by the editors with respect to:

- (a) agreement with journal interests;
- (b) potential of acceptance in terms of relevance, originality and methodology;
- (c) compliance with the journal style.

All manuscripts that are not in accordance with items (a) or (b) will be rejected without peer-review. Manuscripts not in accordance with item (c), will be returned to authors along with a request for style modification. The new version must be submitted in a deadline of 10 days. After this period, the manuscript will be withdrawn from the system.

Manuscripts in accordance with items (a), (b) and (c) will be sent to, at least, two external reviewers. The RBAFS will count on national and international reviewers with expertise in the study field. A double-blind reviewing process is employed (authors and reviewers are not aware of each other's identity).

Regardless of study field, the major criteria for publication decision are guidelines adherence and appropriate scientific methodology. Other aspects considered are originality, creativity, relevance, clear writing and reading appeal. No submission or



publication fees are charged, except when authors request colored illustrations/images to be published.

The RBAFS considers three categories of manuscripts:

1. Original articles;
2. Review articles;
3. Letters to the editor.

Besides, comments (4), profiles (5) and editorials (6) are also suitable for publication. The editor-in-chief must be contacted for appreciation of such publication types. The following is the statement of journal style characteristics with respect to length of each article category. Manuscripts that exceed word limit will be individually judged.

1. Original Articles

- a. Length must be 4000 words or fewer (cover letter, abstract, references and illustrations are not included in the word count);
- b. References must not exceed 30;
- c. Illustrations must be 5 or fewer (considering tables, figures and charts).



2. Review Article

- a. Length must be 6000 words or fewer (cover letter, abstract, references and illustrations are not included in the word count);
- b. References must not exceed 100;
- c. Illustrations must be 5 or fewer (considering tables, figures and charts).

3. Letter to the Editor

- a. Length must be 750 words or fewer;
- b. References must not exceed 5;
- c. Only one illustration is allowed.

Manuscripts must be submitted via e-mail - rbafs@sbafs.org.br as MSWord file (doc or rtf). Authors are responsible for papers content and if a figure is reproduced from another source, authors are required to obtain permission from the copyright holder.

References

Citations should be numbered in the order in which they appear in the text and superscript.

Reference list must follow examples below.

Revista Brasileira de Atividade Física & Saúde / Brazilian Journal of Physical Activity and Health
Universidade Federal de Pelotas
Rua Marechal Deodoro 1160
Pelotas, Rio Grande do Sul, Brasil
CEP: 96020-220
Telefone (fax): 55 53 3284-1300



Scientific Papers

Hallal PC, Victora CG, Wells JCK, Lima RC. Physical inactivity: prevalence and associated variables in Brazilian adults. *Med Sci Sports Exerc* 2003;35:1894-900.

→ When the authors exceed 5, only the first three should be listed followed by the expression *et al.* after the third name.

Books

Nahas MV. Atividade física, saúde e qualidade de vida. Londrina: Midiograf, 2001.

Book Chapters

Perrin DH. The evaluation process in rehabilitation. In: Prentice WE, Editor. *Rehabilitation Techniques in Sports Medicine*. St Louis: Mosby Year Book Inc, 1994:253-276.

Electronic Sources

<http://www.afesaude2007.com.br/>. Accessed November, 7th, 2007.



Submission Guidelines

Cover letter: All submissions to RBAFS must include a cover letter where authors declare that the work has not been previously published (except as abstract, in a Congress, for example) and that the manuscript will not be sent to a different journal before RBAFS has a decision. Conflicts of interest and financial support must be stated.

Title Page: The article must include an introductory page (title page) containing: work's complete title, authors and numbered affiliations, complete information for corresponding author, a running title, abstract word count, text word count (abstract, references and illustrations are not included in the word count) and number of tables, illustrations and charts.

Abstract: Original and Review papers must have an abstract (250 words or fewer). Abstracts are not structured, but authors are suggested to include the following information: objectives, methods, results and conclusions. Keywords (3 to 6) must be listed after the abstract and must be searched in the MeSH database - Medline/Pubmed (<http://www.ncbi.nlm.nih.gov/entrez/utils/fref.fcgi?/sites/entrez?db=mesh>).

Text: The text must be organized by sections as follows - Introduction, Methods, Results, Discussion and References. There is no need for a blank space (new page) in between



sections. All manuscripts must present a Conclusion included as part of the Discussion or as a separate section. Double-space typing and Font size 12 are required. Animal and Human studies must state ethical procedures. Page numbering is required (superior, right margin).

References: References must be placed after Discussion and formatted as described previously. Source types not explained here will be evaluated by reviewers and editors and corrected accordingly (newspapers, interviews, etc.).

Illustrations: All illustrations must be inserted, whenever possible, in the same file as the text, after the References.

Tables: Each table must contain a self-explanatory title. Units of measure, abbreviations, symbols or statistical tests must be fully explained.

Figures: Figures must be clear and objective. Illustrations preferentially should be in grayscale or black/white. All colored illustrations submitted by the authors will be charged for impression. If photographs are used, the images must attend the same criteria and display good contrast.

Acknowledgements / Financial support



After the text, authors can declare financial sources and thank people or agencies that were important for the work completion.

Author's contributions

After the text, authors must state the contribution of each author.

